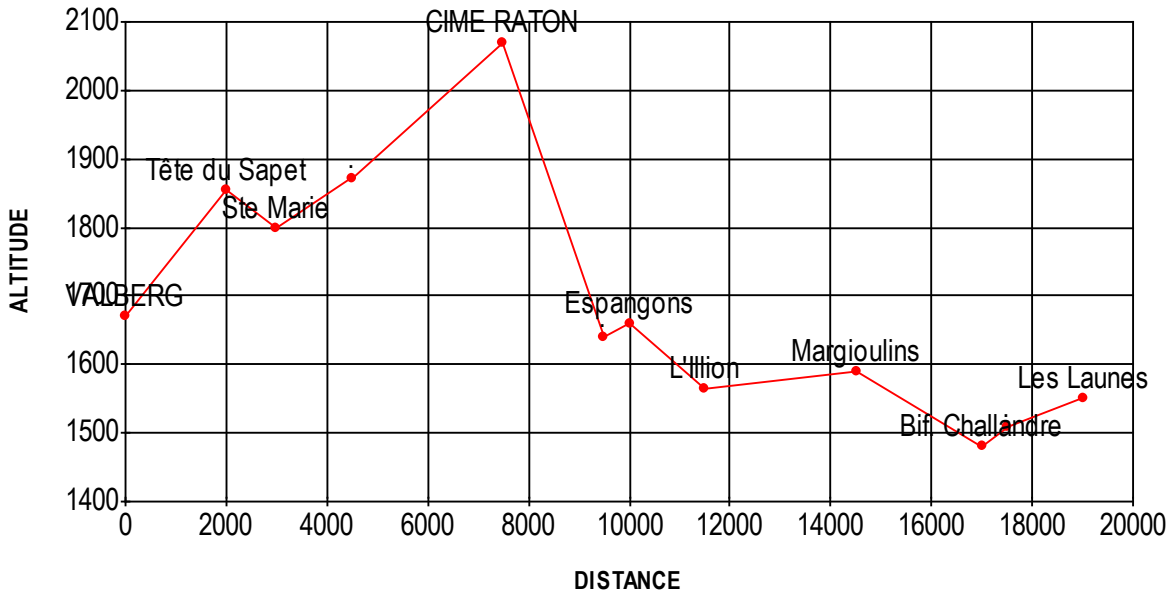
063640OT-VALBERG LES LAUNES

Cartes : 1/25000 : IGN – TOP25 n°3640OT; 1/50000 D et R n° 9 .

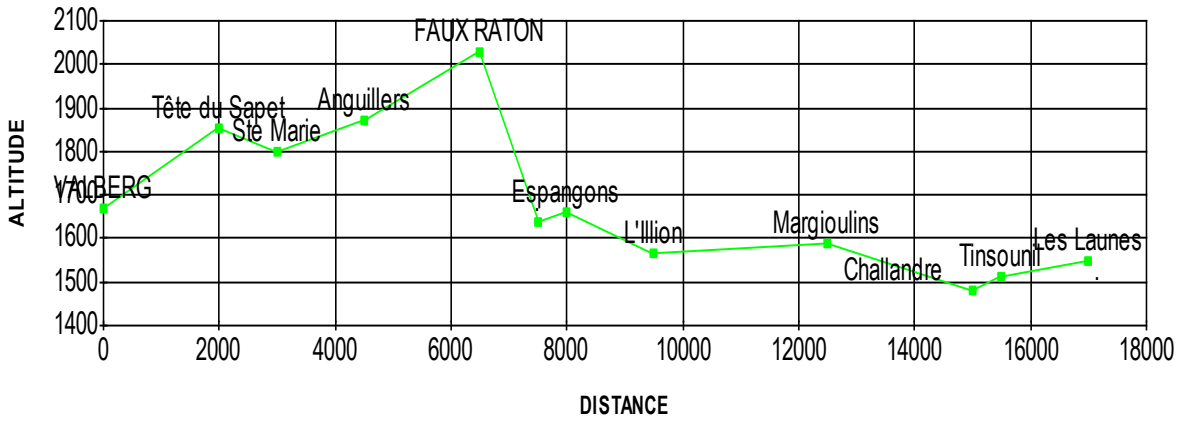
GROUPE 1 – RANDO. SPORTIVE – Valberg, Tête du Sapet, Adrech de Forche, Cime du RATON (2066m), l'Illion, Margioulins, Parking des Eguilles, Les Launes.
Montée = 570m Descente = 690 m Distance = 19 km

GROUPE 1



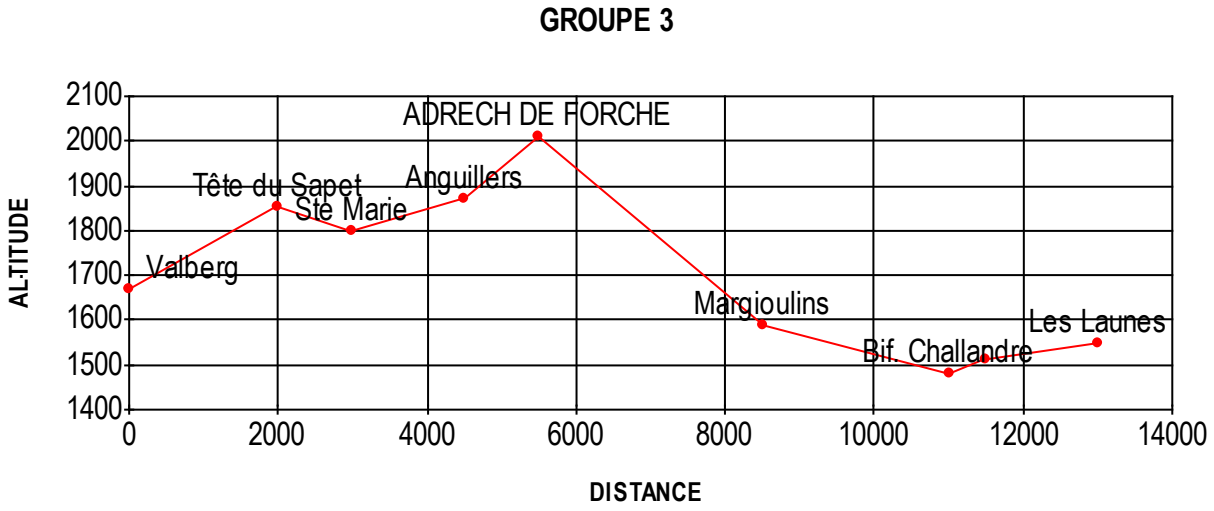
GROUPE 2 – RANDO. CLASSIQUE – Valberg, Tête du Sapet, Adrech de Forche, FAUX RATON (2027m), l'Illion, Margioulins, Parking des Eguilles, Les Launes.
Montée = 530 m Descente = 650 m Distance = 17 km

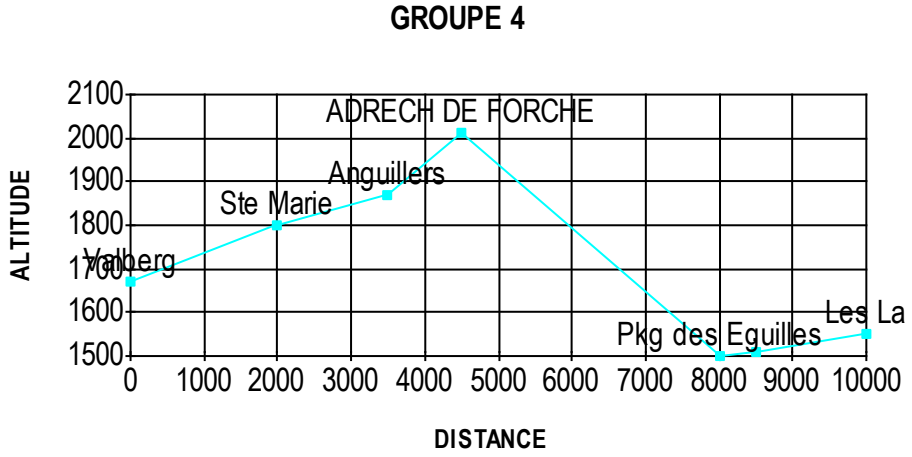
GROUPE 2



GROUPE 3 – RANDO. MOYENNE –. Valberg, ADRECH DE FORCHE (2011m), Parking des Eguilles, Les Launes.

Montée = 465 m Descente = 585 m Distance = 13 km



GROUPE 4 – RANDO. REDUITE – Valberg, Tête du Sapet, ADRECH DE FORCHE (2011m), Parking des Eguilles, Les Launes.

Montée = 390 m Descente = 510 m Distance = 10 km